



# TEXAS UROLOGY

## CIRCUMCISION CARE ADULT

A circumcision is a simple operation in which the excess penile skin (foreskin) is removed and the remaining skin edges approximated with stitches that will dissolve by themselves. The majority of males in the U.S. have been circumcised as infants, although a number of males have not been. For a variety of medical or social reasons, many men elect to have a circumcision.

The operation can easily and safely be done on adults with local anesthesia. While a patient can be put to sleep, there is a small risk with the use of general anesthesia.

Your only discomfort during the procedure should be the pinprick from the local anesthetic.

After the operation:

1. Attempt to stay off your feet for 24 hours or longer if there is swelling or bleeding.
2. Keep ice packs on your penis continuously for 24 hours.
3. Wear boxer type of underpants and avoid tight fitting clothes for 2 weeks.
4. A mild amount of swelling and bleeding is common and should be treated with bed rest, ice packs, and firm pressure to the area. If there is significant bleeding, swelling, or signs of infection, please notify me.
5. You should avoid strenuous activity for 4-5 days and sexual intercourse until you have seen me in the office.
6. Take the pain medication as needed, but no alcohol or driving while on the narcotics.
7. On the second day after the operation, if the bandage has not already fallen off, get into a warm tub filled with water, then gently and slowly remove the dressing.
8. The stitches will dissolve and fall out by themselves.

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