



TEXAS UROLOGY

INTERFERON FOR CONDYLOMA TREATMENT

Interferon is naturally occurring hormone-like proteins with anti-viral and immune enhancing properties. They are produced by the body in low levels in response to viral infections or other introducers.

Interferon has recently been approved by the FDA for treatment of genital warts. Interferon in small doses is injected into the base of the wart twice a week for up to eight weeks. In one study, 54% of men had complete resolution of the warts and an additional 26% had a greater than 50% shrinkage of the warts. Though certainly not a first line of therapy for condyloma, Interferon appears to have a place in the more resistant warts. Adverse reactions and side effects appear to be minimal. Flu-like symptoms consisting of muscle achiness, fever and/or headache occurred 30% of the time with the first injection. Thereafter, they decreased in frequency and after 3-4 weeks there are almost no symptoms. The symptoms can be controlled with Tylenol.

The injection itself is carried out with the tiniest needle made and is associated with minimal discomfort. There can be some redness or burning at the site of the injection. It is critical that the treatments be performed twice a week and that no appointments be missed, as the success rate can be altered.

Specializing in Prostate Problems • Vasectomy • Impotence • Kidney Stones • Bladder Problems • Pediatric Urology

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