



1. **Viagra will enhance**, not produce, an erection.
  2. **The effects of Viagra will be reduced or eliminated by food.** Therefore, Viagra should be taken on an empty stomach (no food 1 ½ hours before or after).
  3. **Viagra takes 30 minutes to 1-2 hours to become effective. Once effective, it remains active for 4-6 hours or longer.**
  4. **VIAGRA SHOULD NOT BE TAKEN WITH MEDICINES OF THE NITRATE FAMILY INCLUDING NITROGLYCERIN. THERE HAVE BEEN REPORTS OF DEATH ASSOCIATED WITH THE COMBINATION OF VIAGRA AND NITRATES.**
  5. **Viagra should not be taken in men who have:**
    - a. Suffered a heart attack, stroke, or life threatening arrhythmia in the previous six months.
    - b. Significant low blood pressure or uncontrolled high blood pressure (blood pressure greater than 170/110)
    - c. A history of unstable angina (repeated episodes of chest pain)
    - d. Retinitis pigmentosa and eye disorder.
  6. Start at 50 mg unless instructed otherwise. You may increase to 100 mg if you have no side effects and find the medication ineffective at 50 mg. The maximum dose is 100 mg in 24 hours.
  7. **At doses above 100 mg, there does not appear to be any significant effectiveness but a marked increase in side effects.**
  8. **Side effects include:**      Headaches  
  Flushing  
  Indigestion  
  Blurred vision or blue color changes
- If you experience side effects that are troublesome, try taking half the dosage.
9. **DO NOT GIVE YOU MEDICATION TO A FRIEND OR RELATIVE!**
  10. There are many different treatment options available to treat erectile dysfunction. **Lack of response to Viagra does not predict the success of the other options.** Furthermore, it is possible that various combinations may be beneficial.
  11. Clinical research is currently going on as to the effectiveness of Viagra for women. At the present time Viagra is not recommended or indicated for women.

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LEWISVILLE  
541 W. Main  
Suite 150  
Lewisville, TX 75057  
TEL. 972-420-8500  
FAX 972-221-6302

CARROLLTON  
Trinity Medical Center  
4333 N. Josey Lane, Bldg. II, Suite 104  
Carrollton, TX 75010  
TEL. 972-394-4500  
FAX 972-394-8180

FLOWER MOUND  
3101 Churchill  
Suite 320  
Flower Mound, TX 75022  
TEL. 214-513-1227  
FAX 214-513-2059