



TEXAS UROLOGY

INTRAURETHRAL EFUDEX CREAM FOR CONDYLOMA

Because of the potential for the virus to be present inside the urinary canal or urethra, it has been recommended that you instill Efudex cream into the urethra. There can be some associated burning during and after the use of this cream, and this is not abnormal. Caution must be taken to ensure that there is NO CONTACT OF THE CREAM WITH THE SKIN. If this occurs, the cream should be washed off immediately.

INSTRUCTIONS FOLLOWING URINATION:

1. Connect the applicator to the tube of cream.
2. Insert the applicator approximately ¼ to ½ inch into the opening of the penis.
3. Squirt approximately 1 cc (1/25 of the tube) into the urethra.
4. Allow the penis to hang down freely for approximately 2-3 minutes to allow excess cream to drain out onto a piece of gauze.
5. Place the penis with the gauze wrapped around the head inside the underpants pointing upwards.
6. Check the gauze periodically to make sure that it does not get too moist.
7. Instillation should be done following urination up to five times a day.
8. Care should be taken to ensure that there is no contact of the cream with the skin.
9. At the end of the day, wash out all the applicators and place them in boiling water for approximately five minutes. Allow the equipment to air dry. The following morning, store them in a clean baggy, being sure that all the equipment is dry.
10. It may be necessary to obtain more gauze from your local pharmacy. This does not have to be sterile.
11. Stop the use of the cream if you notice any of the following:
 - a. Skin breakdown
 - b. Severe burning with urination
 - c. Passage of bloodIf the burning does not diminish within a day or two, the office should be notified. Apply Polysporin, which can be obtained at your local pharmacy without a prescription, to any areas of skin breakdown.
12. If you have any questions or concerns, please don't hesitate to contact the office.

Specializing in Prostate Problems • Vasectomy • Impotence • Kidney Stones • Bladder Problems • Pediatric Urology

LEWISVILLE
541 W. Main
Suite 150
Lewisville, TX 75057
TEL. 972-420-8500
FAX 972-221-6302

CARROLLTON
Trinity Medical Center
4333 N. Josey Lane, Bldg. II, Suite 104
Carrollton, TX 75010
TEL. 972-394-4500
FAX 972-394-8180

FLOWER MOUND
3101 Churchill
Suite 320
Flower Mound, TX 75022
TEL. 214-513-1227
FAX 214-513-2059