



TEXAS UROLOGY

PROSTATE BIOPSY INSTRUCTION SHEET

Either because of an abnormality detected during routine ultrasound screening of the prostate or by digital rectal examination, it has been determined that a biopsy of the prostate is indicated.

Ultrasonic biopsy of the prostate is a very simple outpatient procedure. The exact same instruments are used as with ultrasound of the prostate. However, through a small hole in the probe, a biopsy needle is passed. Prior to the biopsies, an even thinner needle is used to insert a Novacaine-like medicine into the tissue surrounding the prostate where the nerves are. This permits an almost painless sampling of areas of the prostate. There is no comparison between the biopsy with and without the local anesthetic.

INSTRUCTIONS:

All aspirin, anti-inflammatory medicine, and blood thinners should be stopped at least five days prior to the procedure. You will be given five (5) antibiotic tablets. Please start one the night prior to the procedure and continue each night until gone. Additionally, a Fleets enema should also be taken two hours before leaving for the procedure. There are no restrictions in diet or activity otherwise.

PROCEDURE:

The patient is placed on his left side as for an ultrasound of the prostate. The probe is inserted along with the biopsy guide. Minimal discomfort is encountered during the instillation of the local anesthetic. This is followed by insertion of the biopsy needle, which produces a loud clicking sound whenever a biopsy is taken. This may be accompanied by some minor discomfort. This will typically be done twelve (12) times. Afterwards, it is not uncommon to experience blood in the urine, stool, or with ejaculation for up to three to four weeks. For difficulty voiding, or chills and fever, please notify the office immediately. The office number is 972-420-8500, and our answering service number is 214-373-2010.

Specializing in Prostate Problems • Vasectomy • Impotence • Kidney Stones • Bladder Problems • Pediatric Urology

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